



# PRINTABLE BANANA STICKER PEEL & PLAY FRUIT LOVE CLUB BOOK

Foods can connect us to time and place. Our first tastes of sweet fruit and crisp veggies fresh from the farm make magic memories. This Fall and on into Springtime collect Dole's new banana stickers and pineapple tags and return to those pure, wonderful moments that only delicious food can deliver.

*Be sure to share your Peel & Play Fruit Love garden progress with us on social media using #DolePeelNPlay*



## INSTRUCTIONS:

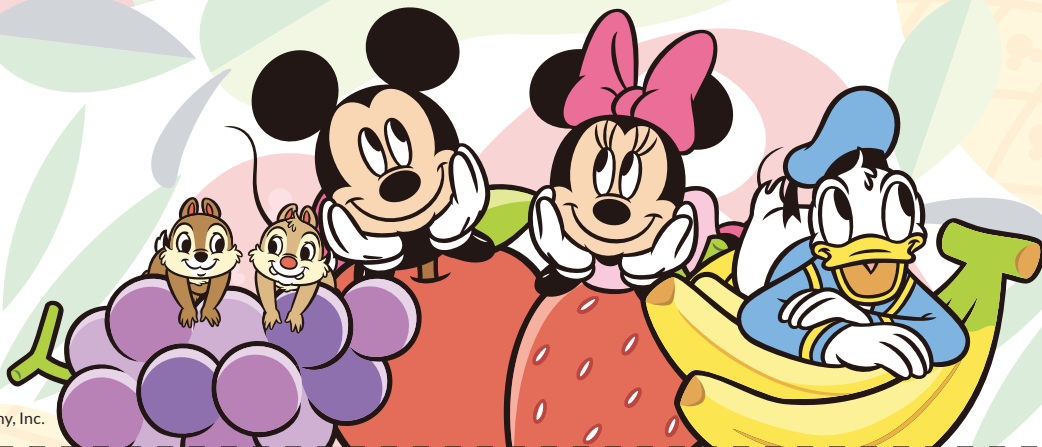
- 1 Print out your sticker book pages
- 2 Cut out the cover page, back cover, and peel & play pages separately
- 3 Place your pages in any order you'd like behind the cover page, followed by the back cover
- 4 Staple or hole punch and tie together your Banana Sticker Peel & Play Fruit Love Club Book
- 5 Personalize by coloring in the characters, and filling each page with Dole banana stickers in the spaces provided





# Fruit Love Club

## Banana Sticker Peel & Play



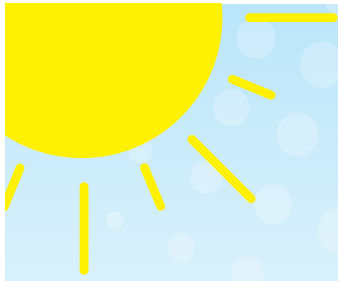
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### Watch Your Garden Grow!



This Garden Belongs to →

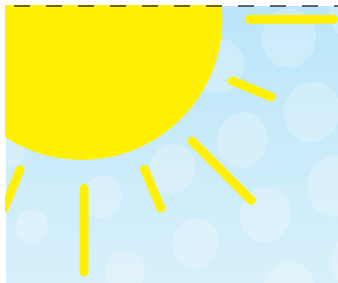
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# Fun Facts

- ✓ Bananas are an excellent source of vitamin B6 which supports energy metabolism
- ✓ Bananas are harvested green and ripen at a later stage
- ✓ Pineapple plants take 24 months to produce fruit
- ✓ Strawberries are an excellent source of Vitamin C which supports immunity

Color Me!



# Garden Tips

- ✓ Banana peels make great compost
- ✓ Most fruits and vegetables need at least 6 hours of sunlight to grow
- ✓ Pollinators like bees and butterflies help plants to grow

