



# Pineapple Juice & Pineapple Mango Juice

## 100% Juice

Premium, DOLE Pineapple Juice and DOLE Pineapple Mango Juice are perfect by themselves or splash into your beverages and menu items. From sauces, marinades and glazes to desserts and toppings, the possibilities are endless.





## Two Treasures from the Tropics

DOLE Pineapple Juice & Pineapple Mango Juice deliver refreshing, natural flavor and the assurance of superior DOLE quality. Made from the freshest ingredients nature has to offer, both products add a splash of paradise to your menu.

### DOLE 100% Pineapple Juice

- DOLE Pineapple Juice is 100% pure, unsweetened juice straight from golden, juicy DOLE pineapples.

### DOLE 100% Pineapple Mango Juice

- Mango is a hot flavor trend across various beverage & food categories.\*

\* Data source: Mintel International, 2008.

## Nutrition Information

Product	Calories	Total Fat	Sat. Fat	Trans. Fat	Sodium	Potassium	Carb.	Fiber	Sugar	Protein	Vit. C	Vit. A	% US RDA*		
6 fl. oz. size: 6 fl. oz. serving													Vit. E	Iron	Calcium
Pineapple Juice	110	0g	0g	0g	0mg	250mg	26g	0g	22g	<1g	100%	10%	10%	2%	4%

  

Product	Calories	Total Fat	Sat. Fat	Trans. Fat	Sodium	Potassium	Carb.	Fiber	Sugar	Protein	Vit. C	Vit. A	% US RDA*		
46 fl. oz. size: 8 fl. oz. serving													Vit. E	Iron	Calcium
Pineapple Juice	140	0g	0g	0g	0mg	340mg	35g	<1g	30g	<1g	120%	10%	10%	4%	4%
Pineapple Mango Juice	130	0g	0g	0g	10mg	290mg	32g	1g	31g	1g	120%	4%	0%	4%	4%

\*Percent Daily Values are based on a 2,000 calorie diet

## Specifications

Product	Size	Case Code	Pack Size	Case Dimensions		Case Weight		Case Cube	Cases per Pallet
				Length x width x height	Net	Gross			
Pineapple Juice	6 fl. oz.	38900-00914	2/24/6 oz.	13.125 x 8.750 x 8.375		18.0 lbs.	25.0 lbs.	0.56	80
	46 fl. oz.	38900-00808	12/46 oz.	17.125 x 12.750 x 7.188		34.5 lbs.	44.6 lbs.	0.91	48
Pineapple Mango Juice	46 fl. oz.	38900-00820	12/46 oz.	17.125 x 12.750 x 7.188		34.5 lbs.	44.6 lbs.	0.91	48

## Recipe Ideas

### Agua Fresca

1 serving

- 1 cup DOLE® Pineapple Mango Juice
- 1/4 cup water
- 1 tsp. sugar

Stir pineapple mango juice, water and sugar in large glass until sugar dissolves. Add ice cubes, if desired.

### Banana Raspberry Smoothie

3 servings

- 1-1/2 cups DOLE Pineapple Juice
- 1 cup vanilla yogurt or frozen yogurt
- 1 cup DOLE Raspberries
- 2 ripe DOLE Bananas, medium peeled

Combine all ingredients in blender or food processor container. Cover; blend until smooth. Serve.

### All Day Fruit Cooler

15 servings

- 1 can (46 oz.) DOLE Pineapple Juice, chilled
- 1 can (6 oz.) frozen limeade concentrate, thawed
- 2 liters diet ginger ale, chilled
- 1 cup sliced DOLE Strawberries
- 1 cup seedless DOLE Grapes
- 1 orange, sliced

Combine pineapple juice, concentrate and ginger ale in punch bowl or 2 large pitchers. Add fruit. Serve chilled or over ice.

### Hot Pineapple Spice Infusion

6 servings

- 1 can (46 oz.) DOLE Pineapple Juice
- 2 apples, cored, sliced
- 2 cinnamon sticks
- 1/2 cup honey
- 1/2 cup packed brown sugar
- 1/2 tsp. whole cloves
- 1/4 tsp. anise seed, optional

Combine ingredients in a large saucepan. Heat to boiling for two minutes. Remove from heat. Serve in mugs.

For more information, contact your  
Dole sales representative or 800-723-9868

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Looking for more innovative recipe ideas?  
Visit [www.dolefoodservice.com](http://www.dolefoodservice.com)  
1-800-723-9868

